



Are you tired of your typical Saturday? Errands, laundry, kids, cleaning, chores...the same old thing? Have you ever wanted to try new outdoor skills, meet people with similar interests and spend time with family and friends? That's what the Women in the Outdoors program is all about. You can do all this with us at the beautiful Black Moshannon State Park.

Women are discovering that hobbies such as outdoor cooking, camping, hiking, fishing, shooting sports, kayaking, and hunting are fun ways to reconnect with the special people in their lives. At daylong events held throughout the United States and Canada, women receive expert instruction and a chance to try a variety of outdoor activities thanks to the National Wild Turkey Federation and its partners.

If you've never attended a Women in the Outdoors event, you're in for a real treat! Come prepared for a fun time, in a relaxed, non-competitive environment.

For additional info please call:

Michelle McCloskey (814) 342-5960
 Email: blackmoshannonsp@state.pa.us
 OR
 Tammy Mowry (724) 284-9201
 Email: tammywtf@zoominternet.net

Your paid registration includes:

- Choice of 4 expertly instructed classes
- 1-year subscription to the *Women in the Outdoors* Magazine
- Coffee and Donuts and a Delicious Lunch
- Equipment & materials needed for use during classes

What to bring

- How about bringing your sister, mother, daughter, or friend?
- Note taking materials if you are so inclined and a water bottle.

Mail the completed form along with registration fee to:
 Michelle McCloskey— Black Moshannon State Park
 4216 Beaver Road
 Philipsburg, PA 16866

A confirmation letter with directions to Black Moshannon State Park will be mailed to you upon receipt of your registration form & workshop fee. Please arrive between 8:00 and 8:30 a.m. for check-in. The event will be over at approximately 4:30.

Michelle McCloskey
 Black Moshannon State Park
 4216 Beaver Road
 Philipsburg, PA 16866



**PA State Chapter of the
 National Wild Turkey Federation and
 the PA Department of
 Conservation and Natural
 Resources present a**

**Women in the Outdoors
 EVENT**



**May 16, 2009
 Black Moshannon
 State Park
 Philipsburg, PA
 (Centre County)**

Event Sponsor:



Class Selections
8:45—10:00 a.m.

Archery: Whether you're interested in backyard recreation, competition target shooting, or bow hunting you'll enjoy learning about this fast growing sport. Learn the basics of equipment and safety. Experience the thrill of hitting the mark at the archery range.

Backpacking: This class will help prepare you for an extended trek in the woods or wilderness. Learn about selecting, packing, wearing a backpack, choosing a campsite, selecting food, gear and clothing, staying safe, and the "Leave No Trace" principles of wilderness travel.

Bluebird Habitat: Would you like to learn how to make your property more appealing to bluebirds? You'll also be able to spend some class time building a bluebird house to take home and become part of your backyard haven.

Camp Cooking: Tired of ramen noodles, macaroni and cheese, and overpriced, prepackaged camping foods? If so, join Marci Mowery to learn how you can spice up your backpacking, canoeing, and even car camping menus with simple, but delicious foods that you can prepare on a portable stove or campfire. Techniques, equipment, and recipes will be shared.

Canoeing: Learn the basic knowledge and skills needed to be safe on the water and enjoy canoeing. Topics include safety, equipment, preparation, strokes, maneuvering, and more.

Flyfishing: Catch 'em on a fly! Master basic fly casting techniques and learn about lines, leaders, knots, and fly selection. Participants will become familiar with the necessary equipment for flyfishing and discover places to fish.

Gardening for Wildlife: You have determined where you want to put your garden but need help in deciding what plants will make it most eye catching or most attracting to area nature. What plants are best to put in your garden to attract butterflies, hummingbirds, etc.

GPS Basics: Find some geocaches while learning the ins and outs of a GPS, including how it could save you from an uncomfortable situation in the wild.

Kayaking: Learn about the different types of kayaks, basic paddling strokes and boat control as well as safety on the water. You will have the time to try out your new skills on the pond. Please dress accordingly for on the water class.

Mountain Biking: Learn how to select and ride a mountain bike. Participants will learn which size bike is right for them. Safety and what gear to bring with you will also be included. Get on a bike and ride some trails to learn techniques for maneuvering. (Bring your bike along if you have one).

Muzzleloading: In this introduction to muzzleloading, you'll learn the basics of the muzzleloader and how to load and fire it.

10:15—11:30 a.m.

Archery: Same class description as 8:45 a.m. class.

Auto Mechanics 101: Worried about being stranded on the highway? Worry no longer. You will learn how to change a flat tire, what's involved in changing your oil, and other key elements vital to basic car maintenance. You don't want to miss this class.

Bluebird Habitat: Same class description as 8:45 a.m. class.

Camp Cooking: Same class description as 8:45 a.m. class.

Canoeing: Same class description as 8:45 a.m. class.

Flyfishing: Same class description as 8:45 a.m. class.

Gardening for Wildlife: Same class description as 8:45 a.m. class.

GPS Basics: Same class description as 8:45 a.m. class.

Kayaking: Same class description as 8:45 a.m. class.

Map & Compass: Don't get lost! Through various exercises, you'll gain confidence and become proficient at finding your way through unfamiliar terrain. Learn and practice basic map reading and compass skills, in a safe and comfortable setting.

Mountain Biking: Same class description as 8:45 a.m. class.

Muzzleloading: Same class description as 8:45 a.m. class.

12:45 to 2:00 p.m.

Auto Mechanics 101: Same class description as 10:15 a.m. class.

Backpacking: Same class description as 8:45 a.m. class.

Bat Facts: Discover interesting facts about bats and build a bat box to take home.

Bluebird Habitat: Same class description as 8:45 a.m. class.

Camp Cooking: Same class description as 8:45 a.m. class.

Flyfishing: Same class description as 8:45 a.m. class.

Gardening for Wildlife: Same class description as 8:45 a.m. class.

GPS Basics: Same class description as 8:45 a.m. class.

Kayaking: Same class description as 8:45 a.m. class.

Mountain Biking: Same class description as 8:45 a.m. class.

Muzzleloading: Same class description as 8:45 a.m. class.

2:15—3:30 p.m.

Bat Facts: Same class description as 12:45 p.m. class

Bluebird Habitat: Same class description as 8:45 a.m. class.

Camp Cooking: Same class description as 8:45 a.m. class.

Flyfishing: Same class description as 8:45 a.m. class.

Gardening for Wildlife: Same class description as 8:45 a.m. class.

GPS Basics: Same class description as 8:45 a.m. class.

Kayaking: Same class description as 8:45 a.m. class.

Map and Compass: Same class description as 8:45 a.m. class.

Mountain Biking: Same class description as 8:45 a.m. class.

Muzzleloading: Same class description as 8:45 a.m. class.

The cancellation deadline is May 1. If you cancel after the deadline, you will be responsible for the full program fee. You may send a substitute if you cannot attend.

Participant Registration Form

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Date of Birth _____
E-mail Address _____
New Member _____ Renewal _____
WITO Membership Number _____
Emergency Contact _____
Emergency Contact Phone _____

Please choose make your class selections

8:45—10:00 a.m.

10:15—11:30

#1 Choice _____

#1 Choice _____

Alternate _____

Alternate _____

Alternate _____

Alternate _____

12:45 —2:00

2:15—3:30

#1 Choice _____

#1 Choice _____

Alternate _____

Alternate _____

Alternate _____

Alternate _____

Payment Method (cash, checks, and credit cards will be accepted)

- \$ _____ \$45 (early bird, postmarked by April 16)
\$50 (postmarked after April 16)
- \$ _____ I can't attend, but want to renew my membership (\$30)
- \$ _____ TOTAL

Make check payable to: **PA State Women in the Outdoors**

- Charge my credit card number _____

Circle one: Visa M/C Discover AMEX

Last three digits on back of card _____

Exp. Date: _____

Signature: _____

(please bring your credit card along)

Ages 14-17 must attend with a parent or legal guardian.

Be sure to bring along your cash, checks, and credit cards for the Silent Auction and Raffles