

# WOMEN IN THE OUTDOORS

Do you love the outdoors, but can't find time to enjoy it?

Are you tired of your typical weekend...errands, laundry, kids, cleaning, chores... the same old thing.

## Have We got the Perfect Escape For You!

This is an opportunity to stretch your wings and try something new and exciting in a setting that encourages comfort and fun in the outdoors. It's like a day camp for grown ups!

Grab your mom, sister, friend or co-worker, or grab all of them. Bring them to this event for a Fun and Exciting day of learning and fellowship.

If you've never attended a Women in the Outdoors event, you're in for a real treat! Come prepared for a fun time, in a relaxed, non-competitive environment.

### *For additional info please call:*

Dawn Secrest — (267) 253-9002

Email: [girlshunt2@comcast.net](mailto:girlshunt2@comcast.net)

### Your paid registration includes:

- Choice of 5 expertly instructed classes
- 1-year subscription to the *Women in the Outdoors* Magazine
- Lunch
- Equipment & materials needed for use during classes
- 1-year membership to the Women in the Outdoors (or extension of current membership).

### What to bring

- How about bringing your sister, mother, daughter, or friend?
- Note taking materials if you are so inclined and a water bottle.
- Demonstration equipment will be provided, but feel free to bring your own.

**Ages 14-17 must attend with a parent or legal guardian.**

### *Silent Auction, Raffles, and Door Prizes*

 (Cash, checks, and credit cards will be accepted)

Dawn Secrest  
Women in the Outdoors  
265 Cardiff Road  
Fairless Hills, PA 19030

Women in the  
**OUTDOORS**  
NATIONAL WILD TURKEY FEDERATION

*Come be a part of it!*



**Saturday**

**August 16, 2008**

**8:00 a.m.—5:00 p.m.**



**Langhorne Rod &  
Gun Club**

**251 Stoneyford Road  
Southampton, PA  
(Bucks County)**

Presented by:

Lower Bucks Longbeards Chapter,  
National Wild Turkey Federation

**Archery:** Learn about this fast growing sport. Do you want to learn backyard recreation, competitive target shooting, or maybe you want to go bow hunting? You will learn how to select equipment that fits you. There will be lots of hands-on instruction. Experience the thrill of hitting the target!

**Birdwatching:** What was that little brown ball of feathers? Join us in exploring the fun of bird watching. Learn to identify different types of birds and discuss equipment selection for successful bird watching. This class will spend time out in the field identifying local birds.

**Cake Decorating:** Learn how to ice a cake and the basic decorating skills. Learn how to make flowers and designs and how to write on cakes.

**Dutch Oven Cooking:** Food always tastes better when it's cooked outside. Don't go hungry in the outdoors! This session covers methods, equipment, and recipes for delighted tummies.

**First Aid:** A little rusty on your "ABC's" of first aid. Forget where the pressure points are? What's the difference between heat stroke and heat exhaustion and how do you treat each? What do you do if you encounter a venomous snake? This class will help to refresh your skills.

**Fishing:** Develop basic skills needed to catch fish: casting, knot tying, lure selection, fish identification, fishing locations, and equipment choice and use.

**Gardening:** Learn how to plan and grow an exciting backyard wildlife garden that will attract hummingbirds, butterflies, birds, and even some bigger critters- if you want them. Water gardens, plants, feeders, and other ideas will be presented to help you develop a nurturing habitat for your wildlife neighbors as well as for your senses. **(additional \$5 class supply fee required)**

**Handguns:** Participants will learn the proper handling of handguns, shooting positions, and basic shooting techniques. There will be plenty of practice time.

**Outdoor Cooking:** Learn to make fabulous meals over the open fire! Whether you use foil packs, or a stick, you can enjoy a great meal outdoors!

**Scrapbooking:** Do you have a box of photos from your family vacations or holidays and don't know what to do to get your scrapbook started, well here's the class for you. Please be sure to bring along several photos that you would like to work with. **(additional \$5 class supply fee required)**

**Stream Ecology:** This class will be in introduction to aquatic creatures and their role in an aquatic ecosystem. There will be some lecture time, but most of the class will involve hands-on learning, so be prepared to get wet. Participants should bring old shoes.

**Talk to the Animals:** Birds and mammals have languages of their own. If you'd like to begin to get a handle on what they are "saying", you should join this group. We'll learn about both vocal and non-vocal sounds made by Pennsylvania wildlife. We will also show you how to assemble and use your own Mourning Dove call. This will be a "hands on" session.

**Trap Shooting:** You will become familiar with different types of shotguns, ammunition, and proper gun fitting. Time will be spent at the range where you will shoot clay birds.

**Wildlife Habitats:** Ever wonder what game and non-game animals live in your area? Join us to find the clues that Pennsylvania birds and mammals leave behind to tell where they've been and what they've been doing. You'll probably be surprised at what you've been missing!

#### **Send checks and registration to:**

Dawn Secrest, 265 Cardiff Road, Fairless Hills, PA 19030

#### **Confirmation**

A confirmation letter will be emailed or mailed to you upon receipt of your registration form & workshop fee.

**Please plan on arriving between 8:00 and 8:30 a.m. The event will be over at 5:00 p.m.**

#### **Cancellation Policy**

The cancellation deadline is July 16. If you cancel after the deadline, you will be responsible for the full program fee. You may send a substitute if you cannot attend.

**Sponsorship:** If you believe in what the WITO program is about and would like to contribute further—Sponsorship Level Memberships are available for \$200, which includes a sponsor gift and sponsor pin.

The event *will not* be cancelled due to inclement weather, so please come prepared.

Women in the Outdoors T-shirts can be ordered with your registration fee. T-shirts are \$10 each. T-shirts **will not** be available at the event, please indicate size you want. **Deadline for ordering is July 16.**

## **Participant Registration Form**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_

E-mail Address \_\_\_\_\_

New Member \_\_\_\_\_ Renewal \_\_\_\_\_

WITO Membership Number \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

**Course Offerings:** Please rank in order of preference, 1 through 8 with 1 being your first choice and 8 being your last.

_____ Archery	_____ Handguns
_____ Birdwatching	_____ Outdoor Cooking
_____ Cake Decorating	_____ Scrapbooking
_____ Dutch Oven	_____ Stream Ecology
_____ First Aid	_____ Talk to the Animals
_____ Fishing	_____ Trap Shooting
_____ Gardening	_____ Wildlife Habitats

#### **Payment Method:**

\$45 Early Bird Fee (Must be received by July 16)

\$50 Fee (Received after July 16)

- \_\_\_\_\_ Check or money order
- \$\_\_\_\_\_ Additional class fee
- \$\_\_\_\_\_ T-shirt (\$10) \_\_\_\_\_ Small \_\_\_\_\_ Medium  
\_\_\_\_\_ Large \_\_\_\_\_ XL \_\_\_\_\_ XXL  
\_\_\_\_\_ XXXL
- \$\_\_\_\_\_ I can't attend but want to receive my membership (\$25)
- \$\_\_\_\_\_ TOTAL

Make check payable to: **Lower Bucks Longbeards Chapter**

Charge my credit card number \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Card ID Number: \_\_\_\_\_  
(The 3-digit number is located on the back of your card, usually at the top of the signature area)

Signature: \_\_\_\_\_  
(please bring your credit card along)