

Do you love the outdoors, but can't find time to enjoy it?

Are you tired of your typical weekend...errands, laundry, kids, cleaning, chores... the same old thing.

Have We got the Perfect Escape For You!

This is an opportunity to stretch your wings and try something new and exciting in a setting that encourages comfort and fun in the outdoors. It's like a day camp for grown ups!

Grab your mom, sister, friend or co-worker, or grab all of them. Bring them to this event for a Fun and Exciting day of learning and fellowship.

If you've never attended a Women in the Outdoors event, you're in for a real treat! Come prepared for a fun time, in a relaxed, non-competitive environment.

For additional info please call:
Tammy Parks at (724) 354-3595

Your paid registration includes:

- Choice of 5 expertly instructed classes
- 1-year subscription to the *Women in the Outdoors Magazine*
- Lunch
- Equipment & materials needed for use during classes
- 1-year membership to the Women in the Outdoors (or extension of current membership).

What to bring

- How about bringing your sister, mother, daughter, or friend?
- Note taking materials if you are so inclined and a water bottle.
- Demonstration equipment will be provided, but feel free to bring your own.

Tammy Parks
Women in the Outdoors
116 W. Indiana Street
Rural Valley, PA 16249



Come be a part of it!



Saturday
June 21, 2008
8:00 a.m.—5:30 p.m.



Keystone
Sportsmen's Club
Creekside, PA
(Armstrong County)

Presented by:
Keystone Sportsmen's Club
Women in the Outdoors Committee

Archery: Learn about this fast growing sport. Do you want to learn backyard recreation, competitive target shooting, or maybe you want to go bow hunting? You will learn how to select equipment that fits you. There will be lots of hands-on instruction. Experience the thrill of hitting the target!

Cake Decorating: Learn how to ice a cake and the basic decorating skills. Learn how to make flowers and designs and how to write on cakes.

Candle Making: Learn the basics of working with soy wax by making a flowerpot candle. **(there is a \$5 class supply charge)**

Flyfishing: Catch 'em on a fly! Master basic fly casting techniques and learn about lines, leaders, knots, and fly selection. Participants will become familiar with the necessary equipment for flyfishing and discover places to fish. (If you have your own rod, please bring it along)

Flytying: The Johnstown Chapter of Trout Unlimited Chapter will be instructing this class. You will become familiar with the fish foods that are imitated by hand tied flies. Learn how to use the vise, bobbin, hackle pliers, and other fly tying tools. Learn about natural and man-made materials for constructing flies.

Geocaching/Hiking: A treasure hunt with a twist! In this class you will learn what geocaching is and also learn how to use a GPS (which will be provided for use in the class). Then everyone will enter coordinates into their GPS and the search for the hidden cache will begin!

Golf: We will cover the basics. Putting, driving and just plan learning how to swing the club. You'll be introduced to the oldest outdoor game in the world!

Gun Cleaning: So you've taken your first shots, but how do you keep your equipment in tip-top shape? Learn the basics of cleaning your firearm from proper tools and equipment to safety. You'll get to try it yourself with some hands-on training. A "can't miss" for shooters new & old.

Handguns: You will learn the proper handling, shooting positions, and techniques of using handguns. You will have time to practice your newfound skills.

Home Safety/Fire Prevention: You'll learn ways to safeguard your home against fire and carbon monoxide.

Muzzleloading: Peer through a puff of smoke and experience the thrill of delayed discharge! In this introduction to the sport of shooting muzzleloaders, you'll load, shoot, and fire this primitive firearm.

PA Song Birds: Have you ever wondered what song birds you have around your home. In this class you won't wonder anymore. You'll know exactly what song birds are in your backyard as well as throughout the state.

Powder Puff Car Care and Home Repair: This class is a great one that you'll learn how to fix some of the basic home repairs that we all have and you'll also learn how to change a flat tire, what's involved in changing your oil, and other key elements vital to basic car maintenance. You don't want to miss this class.

Reflexology: Is a science that deals with the principle that there are reflex areas in the feet and hands which correspond to all the glands, organs and parts of the body. Try reflexology to see how it feels.

.22 Rifles: Participants will learn proper handling of rifles, shooting position, and basic shooting techniques. There will be lots of practice time on the range.

Shotgunning: You will become familiar with different types of shotguns, ammunition, and proper gun fitting. Time will be spent at the range where you will shoot clay birds. (Ammo will be provided for 20 g shotguns. If you bring your own gun and it's not a 20 g., please be sure to bring along ammo for your gun.)

Send checks and registration to:

Tammy Parks
116 W. Indiana Street
Rural Valley, PA 16249

Confirmation

A confirmation letter will be emailed or mailed to you upon receipt of your registration form & workshop fee.

Please plan on arriving between 8:00 and 8:30 a.m. The event will be over around 5:30 p.m.

Cancellation Policy

The cancellation deadline is June 1. If you cancel after the deadline, you will be responsible for the full program fee. You may send a substitute if you cannot attend.

The event *will not* be cancelled due to inclement weather, so please come prepared.

Ages 14-17 must attend with a parent or legal guardian.

We will have Raffles, Silent Auction, and Door Prizes the day of the event (cash, checks, and credit cards will be accepted)

Participant Registration Form

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Date of Birth _____
E-mail Address _____
New Member _____ Renewal _____
WITO Membership Number _____
Emergency Contact _____
Emergency Contact Phone _____

Please choose five (5) classes and three (3) alternates.

#1 _____	#2 _____
#3 _____	#4 _____
#5 _____	Alternate _____
Alternate _____	Alternate _____

Payment Method:

\$40 Early Bird Fee (Must be received by May 21, 2008)
\$45 Fee (Received after May 21, 2008)

- \$_____ check or money order
- \$_____ additional class fee
- \$_____ I can't attend but want to receive my membership (\$25)
- \$_____ TOTAL
- _____

Make check payable to: **Keystone Sportsmen's Club
Women in the Outdoors**

Charge my credit card number _____

Circle one: Visa M/C Discover

Exp. Date: _____

Card ID Number: _____

(The 3-digit number is located on the back of your card, usually at the top of the signature area)

Signature: _____

(please bring your credit card along)